

Level 1: KITCHEN EDITION



HOME IS WHERE THE HOPE IS.

A low-waste lifestyle reduces the amount of items and resources one consumes. Living a low-waste life is a process. It begins by using products you already have at home, buying pre-loved items, or swapping with friends and family.

Ready to go on a mission to live a low-waste lifestyle? Here are Level 1 swaps that we can make in our Kitchen, Kitchen Sink, and Home Goods.

KITCHEN

Pre-packed dried herbs



Pre-packed condiments

Ice in single-use plastic bags



Plastic cling wrap

Groceries in disposable bags

Meat and fresh produce in plastic

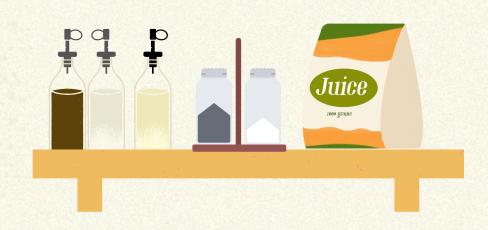


Street food





EDITED: KITCHEN

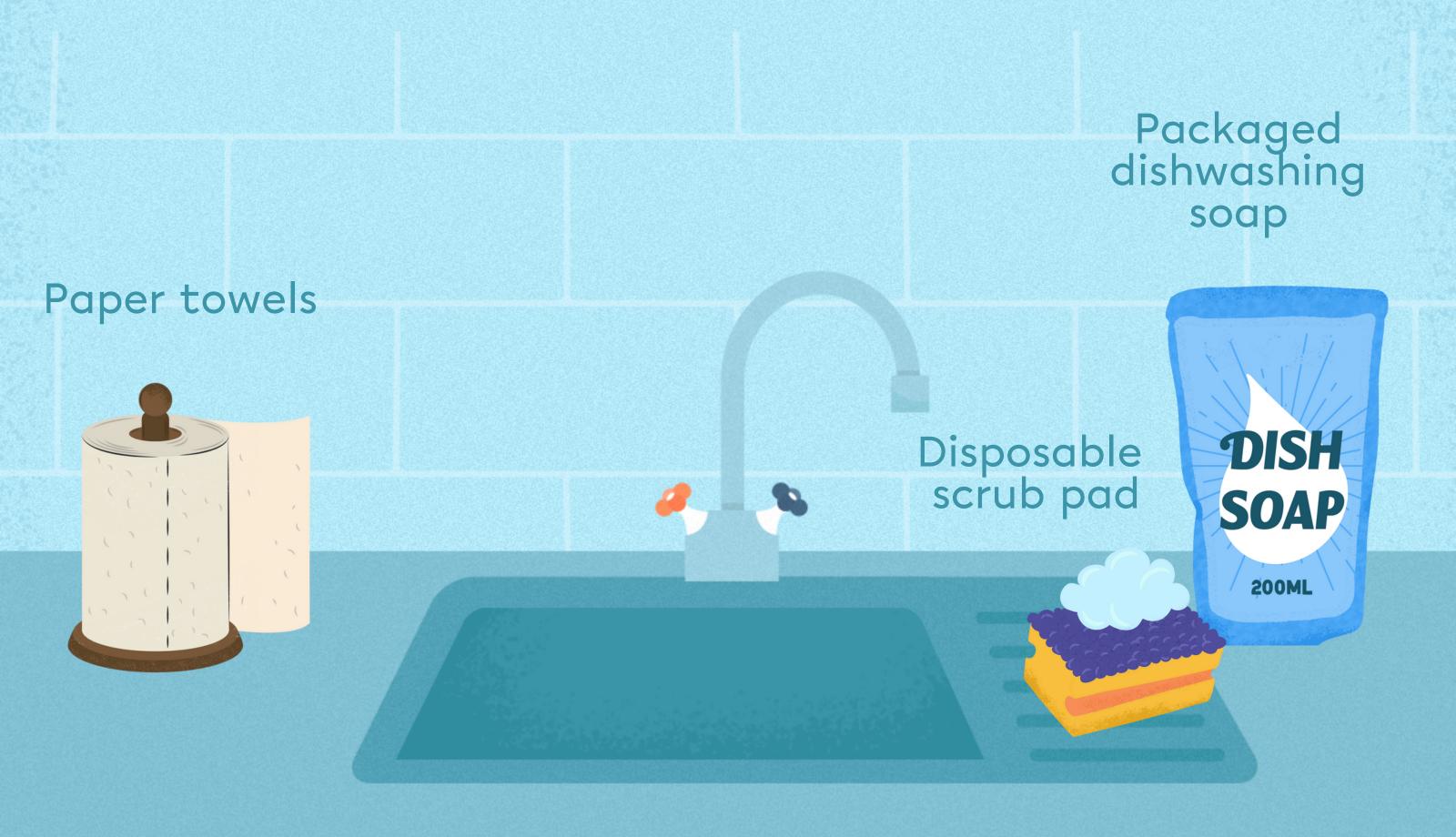


Market refills for condiments or buy in bulk





KITCHEN SINK



EDITED: KITCHEN SINK



HOME GOODS

Plastic broom

Trash bin with mixed waste









Multiple cleaning agents

EDITED: HOME GOODS

Concentrated cleaning pods







Multi-purpose cleaner using pantry staples (vinegar, baking soda)

Refillable/bulk size laundry detergent

