

WELL:

Advancing Health Through Better Buildings,
Organizations and Communities

HEALTH & WELL-BEING IN AIRPORTS

Airports are like cities of their own, catering to thousands of passengers per year and providing a workplace for thousands of employees.

WELL provides a unique roadmap for design, construction and operations to improve the health and well-being of visitors and staff, as well as social and environmental performance, transforming airports into desirable places of work and transit.



The **International WELL Building Institute (IWBI)** is the global authority for transforming health and well-being in buildings, organizations and communities around the world.

The **WELL Building Standard (WELL Standard)** is a library of holistic evidence-based building and organizational strategies that, when implemented, can improve the health and well-being of your people.

The WELL Standard contains over 100 features, organized into **10 impact categories called concepts.**



Air



Water



Nourishment



Light



Movement



Thermal
Comfort



Sound



Materials



Mind



Community

Airports can pursue the strategies that best fit their needs and make incremental improvements overtime.

WELL Solutions for Airports

Spending a substantial amount of time in airports and on flights can often present challenges to health and well-being for both passengers and staff. Supported by science and research, WELL's rigorous strategies can be applied in various ways.



Create different lighting environments to [enhance experience](#), [increase alertness](#), [support time zone adjustments](#) and [promote optimal sleep patterns on long, overnight flights](#).



Maintain [consistent volume levels and sound quality](#) for in-flight announcements with [optimal zoning](#) and [speaker coverage](#).



Optimize indoor air quality by evaluating [ventilation rates](#) and [the presence of gases and compounds](#), [CO2](#) and [jet fumes](#).



[Promote healthy eating behaviors](#) and [offer healthy food options](#) in the terminal, during the flight and beyond.



[Encourage physical activity](#) before or after a flight by [providing spaces for movement](#) and [reducing sedentary behavior](#).

Social and Environmental Impacts

WELL spaces are inclusive, resilient, sustainable and innovative with impacts reaching far beyond the scale of a single building.

WELL provides a framework that can be used to address social and environmental impacts and is aligned with many ESG and sustainability reporting frameworks, including the 17 Sustainable Development Goals (SDGs) set forward by the United Nations. [Learn more](#) about how you can advance the UN SDGs with WELL.

There are **over 36,000 projects** pursuing WELL programs across **over 4 billion square feet** in **125 countries**. There are **over 22,432 registered and accredited WELL APs** in **123 countries**.

Learn from the Early Adopters



"Airports frequently operate as mini cities with stakeholders from the airport, the airlines, tenants, safety teams and travelers who are often under stress. WELL helps improve human health and well-being with measures such as providing physical activity spaces for exercise, yoga, and meditation, delivering access to healthy sustainable food, connecting building occupants to nature in indoor and outdoor spaces, accommodating new mothers and utilizing non-toxic cleaning products."

- Allison Smith

Associate, HKS, WELL Project Administrator for SFO Harvey Milk Terminal 1 Boarding Area B

WELL FOR AIRPORTS RESOURCES (IWBI)

- [WELL airport guidance document](#)
- [Prevention and preparedness, resilience and recovery: an IWBI special report](#)

AIRPORT PUBLICATIONS

- [Passenger terminal world](#) - Travel Well
- [Safeguarding health and wellbeing in 10 simple steps](#) - International Airport Review
- [Airports and sustainability - 4 reasons not to give up](#) - C&S Company

PUBLIC RECOGNITION

- [This Is the future: workplaces that make you healthier](#) - Fortune Magazine
- [Healthy workplaces produce workers who work harder and longer](#) - The Guardian
- [5 ways to make an office a nice place to work](#) - Fast Company

WELL AS A WORKPLACE STRATEGY

- [Create a workplace that makes people healthier](#) - Collier

EMERGING RESEARCH

- [Doing right by planet and people](#) - World Green Building Council
- [Building the business case: health, wellbeing and productivity in green offices](#) - World Green Building Council
- [Playbook for sustainably healthy workplaces](#) - Sustainability Roundtable Inc

AIRLINE ESG REPORTS

- [Jetblue 2019-2020 ESG report](#)
- [Delta 2020 ESG report](#)

